

CHOBHAM LIFE

JUNE 2019

BROUGHT TO YOU BY CHOBHAM MANOR LLP



CHOBHAM
MANOR
E20

A LITTLE RAY OF SUNSHINE



With summer holidays fast approaching, it's an exciting time for everyone. We have some fun and friendly events coming to the neighbourhood which I am sure you will enjoy.

In May, Chobham Residents Orchid Project (CROP) hosted a herb planting event in The Rain Garden and our residents pulled together a footy team to compete in the E20 Adult Community Cup. There's loads of activities for you and the family, including the ever-popular Aqua Splash at London Aquatics Centre. Read on to find out how you can light up your summer.

Sharan Ansong, Business Lead - Chobham Manor

GREAT GET TOGETHER

This year's Great Get Together is set to be bigger than ever! With everything from stage performances to workshops and have-a-go-activities, there are plenty of opportunities to be entertained, get creative or get up and take part.

Sunday 23 June 2019, 12pm - 6pm

Activities are provided by local businesses and community groups as well as the world-class East Bank organisations. There will be activities for all ages and abilities, plus delicious food and drink outlets offering tasty dishes from all over the world. Bring your friends, family and picnic blanket and come down for another fantastic free community event on the Park. Visit QueenElizabethOlympicPark.co.uk/GreatGetTogether



PARK TOURS

Join an expert Park Champion volunteer guide on a walking tour of Queen Elizabeth Olympic Park. From its conception, creation, use during the Games of 2012 through to its transformation into the beautiful Park we have today. Hear about

the history of the area, parklands and wildlife, biodiversity and sustainability, artworks, continuing legacy transformation and the world-class sporting venues. As part of the tour, you'll have a great opportunity to visit some of the Olympic venues!

Tours are taking place on: Saturday 22 June 2019, 10.30pm-12.30pm, Tuesday 9 July 2019, 6pm-8pm

To book, please email: guidedtours@queenelizabetholympicpark.co.uk with your preferred date. Spaces are limited so don't hesitate, book now!

NEIGHBOURHOOD SERVICES

Thank you for your continuous support with the estate management team to help us deliver the best service possible. As you may have seen, we now have noticeboards across Chobham Manor, prepped with the caretaker rota for your building and the estate management contact details.

We now have a dedicated phone line **07415 096 994** which will be operating Monday to Friday from 9am - 5pm for residents to report estate management issues. You can also email us at chobhammanor1@lqgroup.org.uk.

A postal service was introduced in March 2019 is running successfully. You may collect your parcels Monday to Friday between 9am - 5pm from the Chobham Manor estate office, 3 Peloton Avenue, E20 1HB. Please bring photo ID.

Our team has grown... Muntaha joined us in March 2019 as an Apprentice Property Manager training at Chobham Manor. Additional to Tony, we have recruited two permanent site operatives; Nelson joined us in March 2019 and Tenika joined us in June 2019. Lawrenzo, Chris and Dayo will be staying on as temporary site operatives, I'm sure you will meet them as they look after Chobham Manor.

Keep up to date with Estate Services matters at Chobhamlife.co.uk

ECO-FRIENDLY PARTIES, PICNICS AND BBQ'S

Summer has begun, picnics, BBQ's and summer parties are on the horizon. I've started considering ways to host more eco-friendly picnics and children's parties and drawing inspiration from my friends and the web.



Bliss Holmes

Decorations

Biodegradable balloons, reusable cotton bunting, paper streamers, lanterns and pompoms are great alternatives to plastic decorations. I found Littlecherry.co.uk to be a good eco-friendly party supplier.

Crockery

Have you ever gone to a party, put your cup or glass down and forgotten which one was yours? A great way to label your guest cups or glasses is by providing some masking tape and a pen. It works a treat!

If you're eating outside, there are many eco-friendly crockery options available. Make sure you opt for compostable or biodegradable items. Both of these materials are capable of decomposing back into their natural elements. Compostable materials require special composting environments but are quicker to decompose in comparison to biodegradable items. These are designed to break down within landfills.

Food

If you're hosting a party and don't have time to cook, consider asking local cafes e.g. Ginger & Mint if they can cater. I ordered salads in large serving bowls from them for a birthday party and they were delicious: a more eco-friendly option than buying prepared salads from a supermarket.

If you're heading out for a picnic and plan to buy food from local cafes, consider bringing re-useable food containers and ask them to serve food directly into your containers. Most cafes are more than happy to oblige!

Also, cut up whole fresh fruit and veg rather than using pre-cut packaged items. It doesn't take too much time and is a lot fresher.

Kids party bags

Most party bag fillers consist of little plastic toys in plastic bags but there are some great alternatives out there and don't cost much:

- **Decorate paper bags yourself using letter stencils for the children's names**
- **Make homemade playdoh and pack in little glass jars**
- **Make your own chalk and wrap parcels of chalk in paper and string**
- **Give away a packet of cress seeds - to make 'eggy' heads in eggshells at home**
- **Buy some seed bombs or sprout pencils (plant your pencil once it is used up and watch it grow herbs)**
- **Wooden stamps/wooden people or puppet kits for children to paint at home (Baker Ross)**
- **Food items e.g. raisins, home-made biscuits or muffins and don't forget birthday cake!**



Cress 'eggy' heads



Homemade playdoh and chalk



Paper party bags



Picnic



Homemade muffins

Be aware, even if something is advertised as eco-friendly, you may find the items are individually wrapped in plastic. If you find this is the case, feedback to suppliers and try to buy in bulk where possible. Also, try to avoid anything containing glitter, which is a micro-plastic.

Kids party activities

Two websites which have recently inspired me are littlecherry.co.uk, which has several ideas for children's party games, eco-activities and recipes, and bakerross.co.uk, which has several craft ideas.



HERB PLANTING

On the morning of Sunday 19 May, Chobham Manor residents came together to dig a small bed in the rain garden and plant some herbs for communal use. The Chobham Residents Orchard Project (CROP) organised the event as part of Chobham Manor Residents Association (CMRA) Events sub-committee.

20 residents, including children, joined in the herb planting over the course of a couple of hours. L&Q kindly provided some tools and gloves and some residents brought along their own. It was more difficult to dig than imagined, as the soil was very compacted. Luckily with so many volunteers clearing the turf and digging, we managed to add topsoil and plant the herbs; rosemary, bay, lemon balm, sage, thyme, marjoram and blackcurrant to name a few. Young people that continued to get involved with fun activities once the herb planting had finished.

We are looking to host more community events and are interested to know what you would like to see in The Rain Garden. Some people have suggested raised beds for vegetables - please let us know what you think.

Please get in touch if you are interested in planning events or helping and joining the events sub-committee of the resident's association at residents@cme20.com. A full list of events organised by the Chobham Manor Residents Association can be found on the Bulletin board at CME20.com.

We hope to see you at the upcoming Summer Picnic in The Rain Garden on Saturday 20 July 2019, 1pm - 5pm.

Cath Arnold, CMRA committee member

THE APPRENTICE

Meet our new Apprentices, Tahmina Begum and Muntaha Shafiq.

Tahmina Begum has joined as an Administration Apprentice. In her first few weeks, Tahmina has been snapchatting her way through Chobham Manor gaining insight into the wonderful world of community regeneration.

Muntaha Shafiq (better known as Munti) joined as an Apprentice Property Manager and has been with the team for a few months. Munti is very enthusiastic, keen to help residents and ensure Chobham Manor is a great place to live.

We welcome both Tahmina and Munti to the team.



E20 ADULT COMMUNITY CUP 2019



Over 200 people attended E20 Football Foundation event on Sunday 28 April 2019 making it the UK's largest free adult football tournament. We welcomed teams from in and around the Olympic Park including BT Sport, Westfields, CONEL College, Chobham Academy, East Village Residents and for the first time in its five year history - Chobham Manor Residents.

The day was a great success with Newham College becoming the Champions for a second time.

On Sunday 12 May 2019 it was the children's turn. E20 Football Foundation welcomed over 150 people made up of residents based in Chobham Manor and East Village. With new rules to support the integration of all ages, it really was a tournament about how well you could work as a team.

Huge praise goes out to everyone involved for exceptional sportsperson-ship throughout the day. East Village resident Tiago Lopes' team were the eventual winners.

NEIGHBOURHOOD EVENT

We held a Neighbourhood Event on 1 May. All Chobham Manor residents were invited, uniting our new residents and current residents to meet as neighbours in our growing community.

Residents networked in a relaxed atmosphere whilst enjoying some delicious canapes washed down with a Pimm's or a non-alcoholic Elderflower cocktail. Young people were happily sat colouring away, snacking on their own meal. Some residents were lucky enough to walk away with prizes from the free raffle.

Chobham Manor Residents Association and the Events sub-committee supported the event. A big thank you to all the partners that came out and held stalls promoting their services; E20 Football Foundation, London Stadium Learning, Anytime Fitness, East Village Playgroup, Newham Recycling and many more.

Kaizen were also on hand to gauge your thoughts about developing an engagement strategy for building a strong community. Kaizen completed over 130 surveys and are working on pulling the results of the survey together. Thank you to everyone that participated in the survey; your feedback means so much to us and will help set out our community priorities, values and how we can work together.

REGENERATION UPDATE

Chobham Manor LLP would like to give a warm welcome to all residents who are moving into their new homes in Phase 2 of Chobham Manor this summer. With a packed programme of summer events at Queen Elizabeth Olympic Park and the great new play equipment and open space in and around Chobham Manor, it's the perfect time to settle in and enjoy the sunshine. We hope you have a fantastic first few months. Here's how Chobham Manor development is progressing...

Phase 2

Construction work on Phase 2 is moving fast and nearing completion; decorating, flooring and kitchen installations have completed across many of the plots. Phased handovers are planned over the summer period.

Phase 3

Piling work has started on the next areas of Phase 3 which is expected to complete by September 2019. The reinforced concrete frame has been completed; we expect brickwork, electrical work and scaffolding to start this month.

We have created a new access road along Abercrombie Road and another site access from Temple Mills Lane.

The Construction Site Office as well as the Sales and Marketing Suite will be relocating soon to allow for construction work to start on these sites.

Weekend working

Chobham Manor LLP have agreed extended weekend working hours with Newham Council:

Saturdays 8am – 5pm (Note that after 1pm on Saturday, work will take place away from the site boundary and away from Villiers Gardens and Peloton Avenue).

Sundays 8.30am – 1.30pm.

A site manager will regularly patrol the perimeter to monitor noise and deal with any issues immediately. For urgent queries relating to extended working hours please contact Matt Aylen, Regeneration Performance Manager from Taylor Wimpey on 07920 246 180.

CHOBHAM MANOR MEDIA PROJECT

London Stadium Learning has been working with Chobham Manor residents on the Chobham Manor Media project since February 2019.

Young people have learned about video journalism skills, enjoyed sports at the London Marathon Community Track and created several fun short films. After February half-term residents of mixed ages took part in a six week course, where they planned a short interview-based film about life in Chobham Manor.

Many residents got involved with the project at the Neighbourhood Event in May 2019 at Timber Lodge. Volunteers from the local schools and universities got involved in supporting the programme and gained a Level 2 Award in Mentoring Skills.

The films will be displayed on chobhamlife.co.uk as well as on the London Stadium Learning Facebook page www.facebook.com/learningatLS. Follow London Stadium Learning through Facebook to keep up with further engagement and opportunities.

TAYLOR WIMPEY SUPPORTING THE COMMUNITY



Taylor Wimpey has donated £300 to three good causes that work in the community around Chobham Manor.

The Taylor Wimpey East London team chose to support Bikeworks, Community Links and Iroko Theatre Co as part of the housebuilder's national Proud campaign because of the work they each do to support residents in the area.

Bikeworks is a social enterprise that provides access to cycling for all, based at Lee Valley VeloPark - right next door to Chobham Manor. Community Links is a community charity rooted in East London that provides support and opportunities to thousands of people every year. Iroko Theatre Co is a traditional African theatre company that uses storytelling, drama, music and dance to educate, focusing particularly on children and young people.

Michael O'Leary, Sales and Marketing Director at Taylor Wimpey East London, said: "At Taylor Wimpey we are proud to support local causes which do such valuable work around our developments. We hope that our donations will help Bikeworks, Community Links and Iroko Theatre Co to continue to provide much needed services for local people."

EVENTS ACROSS THE PARK

ULTIMATE AQUA SPLASH

Ultimate Aqua Splash is the UK's largest indoor inflatable aquatic experience and the perfect activity to keep your family entertained. This floating adventure takes place every weekend and will be back for summer. It is designed for families with kids over the age of 8, who are competent swimmers. The Competition Pool's water depth is set to 3 metres deep, this session involves a lot of swimming so is only for competent swimmers who can swim over 100 metres in one go in deep water.

Visit <https://www.londonaquaticscentre.org/swimming> to book.



LONDON STADIUM LEARNING



London Stadium Learning have an inspirational learning environment embracing the latest technology and interactive learning concepts. They have **two courses running over the summer holidays, FREE for children living in Newham during Summer Holidays** (£30 per day for children living in Boroughs outside of Newham)

Journalism in the Park (3 day course):

12-14 August, 10am – 3pm for 11-16 year olds

Have a go at sports journalism, conducting interviews and creating a short podcast.

Multi Sports Media (3 day course):

19-21 August, 10am – 3pm for 9-16 year olds

Fun sporting activities and media in the park.

All activities are held at London Stadium Learning, Queen Elizabeth Olympic Park, London, E20 2ST

For more information and to book on to these exciting activities, please e-mail pia.tanneraho@newham.gov.uk for the project pack and consent forms.

CYCLING IN THE LEE VALLEY

Jump in the saddle and discover the beautiful open spaces and parklands right on your doorstep with a cycle ride through Lee Valley Regional Park.

Why not try out the 'Golden Circle' cycle route. The circular ride aptly starts at one of the most iconic cycling venues in the World – Lee Valley VeloPark. From there you'll travel north through Queen Elizabeth Olympic Park before crossing onto the marshes of Hackney, Leyton and Walthamstow.

Pedal alongside the beautiful River Lee and take in the scenery and sites along the way including the historically important series of filter beds that were used to purify London's water in Victorian times and the Waterworks Centre nature reserve which is home to over 500 varieties of plants and one quarter of Britain's butterfly species.

- **Cycling Time: 30 Minutes**
- **Calories Burned: 200 Calories**
- **Distance: 5.5 Miles**
- **Cycle route maps and GPX files are available to download from visitleevalley.org.uk/cycling**





ANYTIME FITNESS

The fabulous new 24 hour Anytime Fitness Stratford East Village just down from the Chobham Academy is now open!

If you haven't seen it get in touch to have a tour Stratfordeast@anytimefitness.co.uk or call Anytime Fitness on **07885 436 224**. There's a special discounted rate for Chobham Manor residents of £35.95 which includes all classes including Pilates, Yoga, BoxFit, Spin, Hiit and much more. Use code CHOBHAM to join online <https://www.anytimefitness.co.uk/gyms>

Once registered, your personal security fob will give you access to all Anytime clubs in the world.

Spaces are limited so don't hesitate, book now!

EAST SUMMER SCHOOL

EAST Summer school will give young people aged 13-16 years old the chance to experience something new, develop new skills, meet new businesses/institutions and make friends over the summer holidays. This year's programme will include courses in Hip Hop Theatre, Film Making, Game Design, Engineering, Robotics, Fashion and so much more.

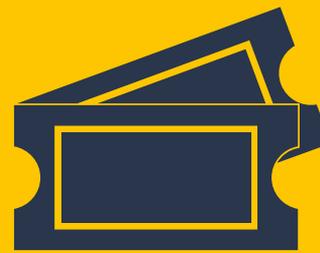
For more information please visit www.QueenElizabethOlympicPark.co.uk/summerschool.

OPEN HOUSE FAMILIES

Head down to Here East for Open House Families, London's free architecture festival for children and their families on Sunday 23 June 2019 from 11am-4pm.

Drop-in and enjoy a day of free activities such as Go green! Re-imagine the city, Light and colour play and the big LEGO build.

For more information visit <https://hereeast.com/news-events>



WIN TICKETS TO SPORTS EVENTS

Nominate a resident to win tickets to watch Major League Baseball Boston Red Sox V New York Yankees on 29-30 June 2019 at London Stadium on Queen Elizabeth Olympic Park. We have a pair of tickets up for grabs for Saturday 29 and Sunday 30 June 2019.

To enter, nominate a kind neighbour or friend that you feel deserve tickets to experience this exciting event.

Send your nomination to: yourneighbourhoodtalks@queenelizabetholympicpark.co.uk by Sunday 23 June 2019. A winner will be selected in a prize draw on Monday 24 June 2019, good luck!

March 2019 competition winners Congratulations to our winners Alice, George, Kevin, Indre, Lauren, Mingbo and Philippa who won tickets to watch the Rugby in March 2019 and Basketball and Football in April 2019.

We're thrilled to say Kevin won a pair of tickets to the next show Armadillo, a new fiery premiere at The Yard Theatre. Unfortunately The Crucible sold out before tickets were allocated from the prize draw.

WE'RE JUST A CALL AWAY...

IF YOU EXPERIENCE ANY MAINTENANCE ISSUES WITH YOUR HOME:

Private purchasers – Taylor Wimpey Customer Services **T: 01277 236 888**

L&Q tenants and shared ownership **T: 0300 456 9996**

ESTATE AND BLOCK MANAGEMENT QUERIES:

Adam Clarke, Property Manager
E: ChobhamManor1@lqgroup.org.uk
W: Chobhamlife.co.uk
T: 0300 456 9998
M: 07415 096 994
 (new dedicated phone line operating Monday to Friday from 9am-5pm)

QUESTIONS ABOUT THE NEW HOMES OR CONSTRUCTION WORK:

Marketing Suite - **T: 020 3435 9269**
 or visit us between 10am and 5.30pm, Monday to Sunday.

COMMUNITY ENGAGEMENT ACTIVITIES OR INFORMATION:

Sharan Ansong, Business Lead – Chobham Manor
E: SAnsong@lqgroup.org.uk
T: 0300 456 9998

